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بروجاكس للتدريب والتطوير  
Projacs Training and Development

# Effective Leadership, Motivating People and Stress Management for Excellent Business Operation

تقنيات القيادة الفعالة، تحفيز الموظفين والسيطرة على الإجهاد والضغط

19 - 23 March 2018

Istanbul / Turkey

A Member of:



PROJACS ACADEMY



ProjacsAcademy.com



## Introduction

This Workshop offers an extensive training on Effective Future Leadership and the Theories of Motivation and Stress Causes and Management..with effective tools and techniques to Leading Change in Organizations, Motivating and Influencing Followers and Managing Stress.

## Objectives

- Future Leadership
- Situational Leadership Theory
- Kaizen and Leadership
- Strategies and tools to overcome 21st Century challenges
- To learn different Leadership Styles and how to deal with it.
- To learn the importance Followers
- Multi culture and Leadership
- Creative Leadership
- Innovative Leadership
- Motivating People
- Stress Causes
- Stress Management

## Who Should Attend?

- Top Management
- Middle Management
- Human Resources Manager

## Course Outline

### Day One

- Future Leadership
- SLT Theory
- Motivation Theories
- Stress and Leadership
- Followers Trust in Leaders
- Creative Leadership
- Innovative Leadership
- Strategic Leadership
- Organizational Culture

### Day Two

- The Nature Of Leadership
- The Nature of Managerial Work
- Effective Leadership
- Change Management
- Motivating Followers
- Productive Performance Leadership
- Delegation and Empowerment

### Day Three

- Organizational Behavior
- Stress Causes
- Stress Management
- Multi Culture
- Diversity
- Effective Communication
- Leadership in Teams
- Leadership in Decision Groups

### Day Four

- Leadership Styles
- Developing Leadership Skills
- Problem Solving and Leadership
- Competent Leadership
- Leadership Dimensions
- Leadership in the 21st Century

### Day Five

- Leadership Dimensions
- Charismatic Leadership
- Supportive Leadership
- Critical Thinking
- Knowledge Management
- Emotional Intelligence
- The Habits of Highly Effective Leaders
- Related DVDs

## Training Method

- Pre-assessment
- Live group instruction
- Use of real-world examples, case studies and exercises
- Interactive participation and discussion
- Power point presentation, LCD and flip chart
- Group activities and tests
- Each participant receives a binder containing a copy of the presentation slides and handouts
- Post-assessment

## Program Support

This program is supported by interactive discussions, role-play, case studies and highlight the techniques available to the participants.

## Schedule

**The course agenda will be as follows:**

- |                     |                  |
|---------------------|------------------|
| • Technical Session | 08.30-10.00 am   |
| • Coffee Break      | 10.00-10.15 am   |
| • Technical Session | 10.15-12.15 noon |
| • Coffee Break      | 12.15-12.45 pm   |
| • Technical Session | 12.45-02.30 pm   |
| • Course Ends       | 02.30 pm         |

## Course Fees\*

- **2,950USD**  
*\*VAT is Excluded If Applicable*

## مقدمة

ورشة العمل هذه توفر تدريباً مكثفاً في القيادة الفعالة في المستقبل ونظريات التحفيز وإدارة التوتر و .. مع الأدوات والتقنيات الفعالة لقيادة التغيير في المؤسسات والتحفيز والتأثير في إدارة التغيير وإدارة الإجهاد في المؤسسات.

## الاهداف

- القيادة في المستقبل
- نظرية القيادة
- كيزن والقيادة
- استراتيجيات وأدوات التغلب على تحديات القرن ٢١
- لمعرفة أنماط القيادة المختلفة، وكيفية التعامل معها
- الثقافة و القيادة
- القيادة الإبداعية
- القيادة الابتكارية
- تحفيز الناس
- إدارة الإجهاد
- أسباب الإجهاد