



an e egis company

بروجاكس للتدريب والتطوير  
Projacs Training and Development

# Improving Your Skills, Abilities and Performance

تطوير المهارات والقدرات والأداء لتنفيذ الأعمال

12 – 16 April 2020

Bahrain / Bahrain

A Member of:



PROJACS ACADEMY



[ProjacsAcademy.com](http://ProjacsAcademy.com)



## Introduction

Managerial skills are an integral part of the success, Managerial skills is one of the tools that influences others. It is the dream of all who work in business field, As simple as it is, it is one of the hardest skills you can find in an individual's, and these skills and capabilities distinguish some than others and on different grades, it is important to learn something about it, and upgrade it in order to reach your goals, if you are seeking to succeed in leading others you cannot complain about your subordinate inefficiency or their lack of appreciation of your efforts, it is one of the strength point that you are lacking this possession. You cannot influence others without letting them know without doubt that your attitude, respect and your transparency is the basis of communication.

In the end we must all know why we react toward certain personal or professional situations. Influencing others is just like hypnosis, you cannot influence others, unless they are susceptible.

## Objectives

**At the end of this course trainees will be able to:**

- Identify the skills and abilities that help influencing others and how to acquire them.
- Identify self-skills and capabilities and how to utilize them
- How to acquire new skills to influence others
- Identify the skills and abilities that helps to influence others and how to acquire them

## Who Should Attend?

All employees.

## Course Outline

### Planning and organizing work

- Defining Planning & Organizing
- The Key Elements Of The Planning Cycle
- Setting Goals & Objectives
- SMART(ER) Goals
- Planning & Organizing Exercise
- Types Of Planning Tools
- The Key Elements Of Organizing
- Prioritizing Workload For Effectiveness & Efficiency
- The Pareto Principle
- Planning & Organizing Exercise
- Improving Personal Organization
- Improving Your Work Environment: Office Layout, Computer & Paperwork
- 'Work Smarter, Not Harder'
- Handling Delegation For Effective Organization
- Tips For Work-Life Balance

### Time Management: Get Organized for Peak Performance

- Left Brain/Right Brain
- Case Study: Another Day at the Office
- Setting Goals
- Planning Tools
- The Four D's
- Organizing your Workspace
- Organizing Files for Retrieval
- Managing Your Workload
- Delegation
- Projects
- Set a Ritual

### Behavioral skills of influencing others

- Networks
- Be clear
- Use humor and fun
- How to Win the others.
- Gain respect.
- Positive relations.
- Allow others to come to know you.

- Be generous and honest.
- Care for your employees.
- Do not wait for others' recognition
- Expanded your influence.
- Find a mutual understanding.
- Communicate through smiling.
- Do not be exploitative.
- Hidden agenda.
- Do not hide things.
- Self-confidence.
- Take responsibility.
- Do not be hard that hard
- Reward yourself for rewarding others.
- Delegate.
- Personal power.
- Resist time thieves.
- Do not intimidate others.
- Plans for contingencies.
- Call for innovation.
- Build a successful team

### **Team Building**

- Rules assistance to the success of the teams.
- Benefits teams.
- Disadvantages teams.
- Different types of teams.
- Form a working group.
- Positive and negative behaviors for teams.
- Keys to the success of teams.
- Reasons for the failure of the task forces.
- Organizing task force meetings.
- Team behavior.
- Behavioral skills required for team members.
- Behavioral changes to the team.
- Reward systems for teams.
- Methods of decision-making.
- Decision-making steps.
- Assessment methods work teams.

### **Prepare others to deal with conflicts**

- What are the conflicts?
- The difference between conflict and competition.

- Causes of conflict.
- Avoid conflict resolution mistakes.
- Conflict resolution.
- Stress among workers, which increases the likelihood of conflicts in the organization.

### **Find and solving problems**

- Find and solve problems.
- Problems severity.
- The importance of defining the problem.
- Four steps to solve problems

### **Creativity and Innovation**

- Introduction
- Characteristics of lateral and vertical thinking.
- Steps of inventive process.
- Reasons of not utilizing employee's innovative capacity.
- How to persuade others to accept change and new ideas.
- Innovators characteristics.
- Innovation steps.

### **Decision-making**

- Decision-making is an essential Leadership skill.
- Types of Decisions at different managerial level.
- Decisions based on personal preferences
- Tendencies that affect decision-making.
- How can we reduce the damage of important decisions

### **Dealing and motivating people**

- Introduction.
- Principles of leadership.
- Dealing with individuals (genetics - experience - attitudes and aspirations).
- Attitudes. Pros and cons
- Affecting behavioral system.
- Individual behavior.
- Encourage employees' internal motivation.
- Individual needs.
- Maslow hierarchy of needs.
- People behavior when unfulfilled.
- Maslow Recommendation for managers.
- Using hierarchy of needs.
- How to exercise leadership in the organization.
- Dealing with behavioral rules.

- Develop behavioral rules.
- Start the change in business relations
- questions in Motivating others

### Meeting Management

- Basic elements for a successful and effective meeting.
- Considerations when Preparation a meeting.
- Chair Person Personal skills
- Leadership protocol during meetings.
- Subsidiary meetings.
- Dealing with difficult people during meeting.
- Types of directing Questions.
- get the maximum benefit from meeting

### Change and stress management

- Change Definition.
- Coping with the change.
- Leadership and Change.
- respond to stresses
- Sources of stress
- Holmes scale to measure the Stress.
- Daily stresses faced by managers.
- Some important factors affecting the results of the stress.
- Recommendations.
- Negotiation
- Introduction
- What is Negotiation?
- Aim of Negotiation
- How to judge Method of Negotiation
- Phases of Negotiation
- Developing your BATNA
- Principled Negotiation
- Positional Bargaining
- How Can I negotiate if they Have all the power?
- How to plan for Commitment?
- What if they won't Play?
- What if they use Dirty tricks?
- Don't be a Victim
- Some Common tricky Tactics
- Summary of Principled Negotiation

## Training Method

- Pre-assessment
- Live group instruction
- Use of real-world examples, case studies and exercises
- Interactive participation and discussion
- Power point presentation, LCD and flip chart
- Group activities and tests
- Each participant receives a TAB containing a copy of the presentation slides and handouts
- Post-assessment

## Program Support

This program is supported by interactive discussions, role-play, case studies and highlight the techniques available to the participants.

## Schedule

**The course agenda will be as follows:**

- |                     |                  |
|---------------------|------------------|
| • Technical Session | 08.30-10.00 am   |
| • Coffee Break      | 10.00-10.15 am   |
| • Technical Session | 10.15-12.15 noon |
| • Coffee Break      | 12.15-12.45 pm   |
| • Technical Session | 12.45-02.30 pm   |
| • Course Ends       | 02.30 pm         |

## Course Fees\*

- **2,950USD**  
*\*VAT is Excluded If Applicable*

## مقدمة

المهارات الإدارية جزء لا يتجزأ من النجاح، وهي من الأدوات المؤثرة في التأثير في الآخرين ، حلم جميع من يعملون في مجال الاعمال ، الا انه على بساطتها من اصعب المهارات التي يمكن أن يتمتع بها الفرد ، وهذه المهارات والقدرات يتمتع بها البعض دون الاخر وعلى مختلف الدرجات ، الا انه من المهم ان يعلم الاخرين شيئاً عنها وعن كيفية التعرف عليها والارتقاء بها ، حتى يتمكنوا من الوصول الى اهدافهم ، فإذا كنت من الذين يسعون إلى النجاح في قياده الآخرين، فلا يصح أن تشكو من عدم كفاءه مساعدتك أو مرؤوسيك أو عدم تقديرهم لمجهودك فأن عدم سيطرة هذه الأمور عليك يعد دليل قوه لك. لأنه لا يمكنك التأثير في الآخرين دون ان تجعلهم يعون بما لا يقبل الشك ان سلوكك واحترامك لهم وشفافيتك معهم هي اساس التعامل.

وفي النهاية فيجب أن نعرف جميعا ردود الافعال التي نتابنا تجاه بعض المواقف التي تمر بنا من خلال تعاملنا على الصعيد الشخصي. او المهني وأنه وكما في التنويم المغناطيسي، فلا يمكنك التأثير في الآخرين الا إذا كانت لديهم قابلية غير واعية للتأثر.

## الاهداف

### في نهاية الدورة التدريبية سيتمكن المتدربين من:

- التعرف على المهارات والقدرات التي تساعد على التأثير في الاخرين وكيفية اكتسابها
- تحديد المهارات والقدرات التي يتمتع بها المتدرب وكيفية استخدامها
- كيفية اكتساب مهارات جديدة للتأثير في الاخرين
- التعرف على المهارات والقدرات التي تساعد على التأثير في الاخرين وكيفية اكتسابها

## الحضور

جميع الموظفين